



**HELP US SHAPE YOUR:**

**C**HILD AND  
**A**DOLESCENT  
**M**ENTAL  
**H**EALTH  
**S**ERVICES

CAMHS 0-16 Teams, Cringlebar, Therapeutic Social Work  
Room 12a, Clarendon Road, St James' Child and  
Family Unit, Little Woodhouse Hall

designed by UR Voice  
Advisory Group

LEEDS  
CITY COUNCIL

East Leeds  
NHS  
Primary Care Trust

Barnardo's  
GIVING CHILDREN BACK THEIR FUTURE

#### Who we are:

We are CAMHS, the Children and Young People's Emotional and Mental Health Services in Leeds. We are a group of workers who help those who are showing signs of unhappiness and difficulty.

URVoice is the name of a Participation service that we have set up so that we can take every opportunity to ask you your opinions and listen to what you have to say.

#### What we do:

We involve children, young people, parents and carers in helping us develop our services.

#### We do this by:

- looking at what we already do
- designing new activities for involvement
- asking important and relevant questions
- listening to you and acting upon what you say
- and letting you know what's changed!

#### How to get involved:

You can get involved by contacting the UR Voice Participation Worker on the contact details given below. You can then choose how you have your say!

By: Email, text, post, telephone, interviews, questionnaires, activity packs, groupwork and even get involved online through:

[www.ru-ok.com](http://www.ru-ok.com) click on Leeds at the top of the page, then click on the correct age to fill in the online questionnaire.

Also request to receive the UR Voice newspaper designed by the young people's advisory group to be kept updated about what's going on!

#### Contact information:

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