



**UR Voice**



**HELP SHAPE THE FUTURE OF YOUR  
CHILD AND ADOLESCENT MENTAL HEALTH SERVICES**

**UR Voice is a project that promotes young people's, parents and carers views to be heard within the emotional and mental health services within Leeds.**

**Do you want to get involved?**

**We are looking for Parents and Carers  
To join an Advisory Group**

(That will meet once a month to offer advice and opinions to the CAMH Services)  
(Refreshments will be provided and expenses such as travel and childcare costs will be paid)

You will be consulted on issues such as:

- How parents should be involved in the service
- How the services can listen to and hear users and carers views.
- What information should be provided at the start and throughout the service.
- How services should develop

..... and much more!

Please Contact:

Nicola Swales, CAMHS Participation Worker  
Barnardos, 75a Stoney Rock Lane  
Burmantofts, LS9 7TB

Tel: 0113 2408368 Email: [nicola.swales@barnardos.org.uk](mailto:nicola.swales@barnardos.org.uk)

\* If you do not want to join the group then please still have your say at [www.ru-ok.com](http://www.ru-ok.com) and click into Leeds and then onto parents/carers to fill in the online questionnaire.



**Barnardo's**  
GIVING CHILDREN BACK THEIR FUTURE